



THE  
spa  
AT ESPERANZA



RETREAT FROM THE WORLD AT THE END OF A CONTINENT.  
COME, REPLENISH YOUR BODY AND SOUL.

HOURS OF OPERATION  
SPA SERVICES: 9AM-8PM  
FITNESS CENTER: 6AM-9PM  
(FOR EXTENDED HOURS, PLEASE INQUIRE)

CHECK-IN

WE INVITE YOU TO CHECK IN 30 MINUTES PRIOR TO YOUR APPOINTMENT TO ENJOY ESPERANZA'S SIGNATURE WATER EXPERIENCE, THE PASAJE DE AGUA, BEFORE YOUR TREATMENTS.

PASAJE DE AGUA, ESPERANZA'S EXCLUSIVE WATER THERAPY

INDULGE IN OUR UNIQUE "WATER PASSAGE" WHICH DRAWS UPON THE TRADITION OF USING HOT AND COLD WATERS, STEAM, AND REST FOR PURIFYING AND REJUVENATING THE BODY. OUR WATER THERAPY EXPERIENCE INCLUDES A WARM-SPRING SOAKING POOL, STEAM CAVES, AND A COOL WATERFALL RINSE. THEN REPLENISH YOUR BODY WITH OUR SELECTION OF AGUAS FRESCAS, INDIGENOUS FRESH FRUIT BEVERAGES.

CANCELLATION POLICY

TO CHANGE OR CANCEL YOUR APPOINTMENT, PLEASE GIVE FIVE HOURS NOTICE TO AVOID BEING CHARGED IN FULL. MORNING APPOINTMENTS MUST BE CANCELLED BY 6PM THE EVENING PRIOR. PLEASE NOTE THAT PRICES AND HOURS OF OPERATION ARE SUBJECT TO CHANGE.



## ESPERANZA'S SIGNATURE BODY TREATMENTS

### FRESH INDIGENOUS INGREDIENTS

WE USE A SELECTION OF NATURAL HEALING AGENTS, INDIGENOUS TO THE REGION, TO CREATE A DELIGHTFUL PALETTE OF ENRICHING AND FUN SPA TREATMENTS. FRESH FRUITS, SEA GREENS, DESERT HERBS, AND MINERALS ARE PREPARED FRESH DAILY FOR A UNIQUE SPA EXPERIENCE THAT WILL REPLENISH THE BODY AND NOURISH THE SKIN.



**ALOE GLAZE SKIN SOOTHER** TAKE REFUGE FROM THE ELEMENTS WITH ONE OF THE DESERT'S GIFTS. YOU'LL BE COCOONED IN A SOOTHING ALOE GLAZE WRAP WHILE RECEIVING A GENTLE SCALP AND FOOT MASSAGE. AFTER RENEWING YOUR SKIN WITH THE HEALING BENEFITS OF ALOE VERA, A FULL-BODY MASSAGE WITH REHYDRATING ALOE LOTION WILL LEAVE YOUR SKIN SOFT AND REVITALIZED.

90 MINUTES

**DESERT CLAY PURIFICATION** REDISCOVER THE ANCIENT RITUAL FOR DRAWING IMPURITIES FROM THE BODY. A SOFT RED CLAY BODY MASK ENVELOPS THE BODY WHILE YOU RECEIVE A RELAXING SCALP AND FOOT MASSAGE. THE CLAY IS REMOVED WITH A NATURAL-FIBER AYATE CACTUS CLOTH, LEAVING YOUR SKIN EXFOLIATED AND SMOOTH. A COMPLETE MASSAGE USING OUR DESERT SAGE AROMATHERAPY OIL FURTHER ENHANCES DETOXIFICATION AND RELAXATION.

90 MINUTES

**AUBERGE HEAD TO TOE** ENJOY ANY FULL-BODY MASSAGE COMBINED WITH A SEA GREENS HAIR & SCALP TREATMENT AND FINISH WITH A SALT OF THE SEA FOOT REVITALIZER. A FAVORITE AT ALL OF THE AUBERGE SPAS.

90/120 MINUTES

**SALT OF THE SEA  
BODY POLISH**

90 MINUTES

THE SEA IS RICH IN MINERALS WHICH OUR BODIES CRAVE. THIS INVIGORATING BODY EXFOLIATION USES A UNIQUE BLEND OF SEA AND MINERAL SALTS AND PURE ESSENTIAL OILS. SCRUB, RINSE AND THEN LET YOUR SKIN DRINK UP THE BENEFITS OF EMOLLIENT OILS DURING A FULL-BODY MASSAGE.



**SEA GREENS BODY  
REPLENISHER**

90 MINUTES

PLANTS FROM THE SEA REMINERALIZE THE SKIN BY PROVIDING VALUABLE VITAMINS AND ANTIOXIDANTS. FIRST, YOUR SKIN WILL BE GENTLY EXFOLIATED USING A NATURAL-FIBER AYATE CACTUS CLOTH. THEN YOU'LL RECEIVE A SCALP AND FOOT MASSAGE WHILE COCOONED IN A WARMING, SEAWEED BODY MASK. A COMPLETE MASSAGE, WITH SEA PLASMA LOTION AND ESSENTIAL OILS, DEEPLY REPLENISHES THE SKIN AND RELAXES TENSE MUSCLES.

**PAPAYA-MANGO  
BODY POLISH**

90 MINUTES

THIS TROPICAL DELIGHT FEATURES FRUIT ENZYMES, ONE OF NATURE'S BEST REMEDIES FOR SKIN CELL RENEWAL. CRUSHED PAPAYA AND MANGO, COMBINED WITH GENTLE NATIVE CORNMEAL, MAKES FOR THE ULTIMATE BODY SCRUB. A WATER RINSE PRECEDES OUR SIGNATURE TROPICAL ESSENCE MASSAGE.

**ADD A HIBISCUS  
ANTIOXIDANT  
FLOWER BATH**

30 MINUTES

LOCAL HIBISCUS FLOWERS ARE PACKED WITH VITAMIN C, A CRUCIAL ANTIOXIDANT FOR HEALTHY AND YOUTHFUL SKIN. LUXURIATE IN THIS DELICATE FLORAL BATH TO PREPARE YOUR SKIN FOR OUR TROPICAL ESSENCE BODY OIL.



## BAJA LIME REFRESHERS

ESPERANZA'S SIGNATURE BODY AND HAIR CARE LINE HAS BEEN A FAVORITE AMONGST GUESTS FOR MANY YEARS. USING ONLY NATURAL INGREDIENTS AND THE HIGHEST-GRADE ESSENTIAL OILS, WITH NO PARABENS OR SULFATES, OUR BAJA LIME REFRESHERS HIGHLIGHT THIS PRODUCT LINE.

**GRATED COCONUT AND LIME BODY EXFOLIATION**  
90 MINUTES  
A GENTLE EXFOLIATION WITH A DELICIOUS COCONUT SCRUB IS FOLLOWED BY A REFRESHING RINSE, AND TOPPED WITH A MASSAGE USING OUR VERY OWN BAJA LIME REPLENISHING BODY LOTION.

**ADD A CREAMY COCONUT BATH**  
30 MINUTES  
GIVE YOUR SKIN THE ULTIMATE NOURISHMENT WITH A RECIPE FROM ESPERANZA'S KITCHEN: OATS TO NOURISH AND HYDRATE, MILK TO SOOTHE SENSITIVE SKIN, AND COCONUT TO COOL AND REFRESH.

**SUN BAKED STONE MASSAGE AND CUCUMBER LIME FACIAL**  
120 MINUTES  
WARMED RIVER STONES MASSAGED ON THE BODY SOOTHE YOUR MUSCLES AND MELT AWAY TENSION. OUR MOST POPULAR MASSAGE IS PAIRED WITH A CUCUMBER AND LIME FACIAL TO COMFORT AND REHYDRATE SUN-EXPOSED SKIN.

**MARGARITA MEDLEY**  
60 MINUTES  
INDULGE YOURSELF WITH A "SPAGARITA" DURING A RELAXING FOOT SOAK. NEXT, THE FOOT AND HAND SCRUB WITH MASSAGE AND HYDRATING WRAP FEATURES OUR BAJA LIME MOISTURIZER. A WONDERFUL HEAD AND NECK MASSAGE AND REFRESHING LIME FACIAL COMPRESS WILL MAKE YOU SIGH WITH DELIGHT.

**LIMONADA**  
90 MINUTES  
REFRESH YOUR BODY WITH THIS TROPICAL TREAT. A CITRUS FOOT SOAK IS ENJOYED WHILE SIPPING A FRESHLY SQUEEZED LIMONADA. NEXT, RECEIVE A BODY CLEANSE AND SCRUB WITH OUR BAJA LIME GEL. A LIME AND COCONUT OIL MASSAGE IS THE DELICIOUS FINISHING TOUCH.

**CABAÑA LIME MASSAGE**  
60/90 MINUTES  
AMIDST THE OCEAN BREEZE ON THE EDGE OF THE SEA OF CORTEZ, OUR CABAÑA MASSAGE SERVES UP THE ULTIMATE ESCAPE, WITH A TWIST OF LIME. COMPRESSES OF LIME REFRESH YOU FROM THE BAJA SUN AND PREPARE THE BODY FOR A MOST RELAXING MASSAGE AMONGST THE ELEMENTS.

## REVIVE YOUR BODY

**ESPERANZA TROPICAL ESSENCE MASSAGE** FROM THE HANDS AND HEART OF CABO, USING A RARE AND EXOTIC BLEND OF TROPICAL ESSENCE ESSENTIAL OILS, YOUR THERAPIST WILL SKILLFULLY AND INTUITIVELY APPLY A FIRM, NURTURING TOUCH WITH A VARIETY OF BODYWORK TECHNIQUES TO ALLEVIATE TENSION AND TIGHTNESS IN YOUR MUSCLES.

60/90/120 MINUTES

**CABO THAI MASSAGE** A BLEND OF ASSISTED STRETCHING AND ACUPRESSURE COMPRESSIONS ALONG THE BODY'S ENERGY PATHWAYS LEAVES YOU REMARKABLY RELAXED YET ENERGIZED.

90 MINUTES

**SUN BAKED STONE MASSAGE** SMOOTH STONES WARMED BY OUR TROPICAL SUN ARE USED TO PENETRATE DEEP INTO YOUR MUSCLES, WITH NOURISHING OILS AND THERAPEUTIC HEAT, FOR A EUPHORIC MASSAGE EXPERIENCE.

90 MINUTES

**CUATROS MANOS, DOS CORAZONES** THIS UNIQUE MASSAGE IS GIVEN BY TWO THERAPISTS WORKING TOGETHER AS ONE. THE THERAPISTS' INTUITIVE AND SYNCHRONIZED MOVEMENTS CREATE A DEEP CONNECTION. COMPLETE BLISS, JUST FOR YOU.

60 MINUTES







**AGUA MASSAGE** ALL OF US ARE DRAWN TO THE WATER FOR REJUVENATION. EXPERIENCE THE PROFOUND COMBINATION OF MASSAGE IN WATER, THE WEIGHTLESS SENSATION OF FLOATING, AND BEING GENTLY STRETCHED AND MASSAGED WITH THE NURTURING SUPPORT OF YOUR THERAPIST. THE BODY RELEASES ITS KINKS THROUGH FLOWING MOTION IN A SPECTACULAR YET EFFORTLESS WAY. PLEASE WEAR A COMFORTABLE SWIMSUIT.

**CABAÑA MASSAGE** RELAX TO THE RHYTHM OF THE WAVES, WHILE ENJOYING A SEASIDE MASSAGE.

60/90 MINUTES

**CASITA MASSAGE** FOR A WONDERFULLY TRANQUIL EXPERIENCE, RELAX WITH A MASSAGE IN THE COMFORTABLE PRIVACY OF YOUR OWN SUITE.

60/90 MINUTES



## REPLENISH YOUR SKIN

**SIGNATURE FACIALS** EVERY SIGNATURE FACIAL INCLUDES AN ARCONA DEEP-CLEANSING FACIAL, AND IS PERSONALIZED WITH A FRESH MASK CHOSEN BY YOUR AESTHETICIAN FOR YOUR SPECIFIC SKIN CARE NEEDS. WE FEATURE THE FOLLOWING FRESH MASK TREATMENTS WITH YOUR FACIAL:

**75 MINUTES**

- ALOE CUCUMBER (FOR SUN BURNED OR IRRITATED SKIN)
- AVOCADO (FOR DEHYDRATED SKIN)
- BANANA (FOR MATURE SKIN)
- MANGO LIME (FOR OILY OR CONGESTED SKIN)
- SEA GREENS (FOR DEVITALIZED SKIN)

**CORONA BEER** NOT ONLY FOR LIFTING YOUR SPIRITS, OUR CORONA BEER **FACE LIFT** TREATMENT ALSO REFINES THE PORES WHILE TIGHTENING AND LIFTING THE SKIN. WE COMBINE THIS LIFT WITH HIGHLY ACTIVE AND REGENERATIVE PROPERTIES THAT GENTLY EXFOLIATE, FIRM AND TONE YOUR SKIN, LEAVING YOU WITH A HEALTHY GLOW.

**75 MINUTES**

**ARCONA** THE ULTIMATE IN PAMPERING AND BEAUTY, THIS  
**REJUVENATION** DECADENT TREATMENT INCORPORATES ARCONA'S DEEP  
**DELUXE** PORE CLEANSE WITH AN AROMATIC ENZYME PEEL, A  
**120 MINUTES** FIRMING AND TONING MASK, AND SPECIAL SERUMS.  
ARCONA'S ENZYME EYE TREATMENT USES A LIQUID  
CRYSTALLINE TO SOFTEN AND ENHANCE THE CELLULAR  
RENEWAL PROCESS.

**PAPAYA PLUS** USING PAPAYA AND OTHER NATURAL ENZYMES ALONG  
**ENZYME PEEL** WITH GENTLE STEAM, THIS SOOTHING PEEL IS UNIQUELY  
**90 MINUTES** STIMULATING AND RELAXING AT THE SAME TIME. NATURAL  
ORGANIC FRUIT ENZYMES BREAK DOWN THE DEAD LAYER  
OF SKIN AND STIMULATE THE DERMIS, RESTORING  
CELLULAR METABOLISM TO REVEAL A SMOOTH, FRESH  
LAYER OF RADIANT SKIN. THIS FACIAL ENCOURAGES THE  
PRODUCTION OF COLLAGEN AND ELASTIN TO CREATE  
STRONGER, HEALTHIER SKIN.

ARCONA SKIN CARE TREATMENTS ARE NEITHER SUPERFICIAL NOR  
COSMETIC. THIS UNIQUE APPROACH STIMULATES DEEPER INTO THE  
SKIN FOR INSTANTLY NOTICEABLE AND LONG LASTING RESULTS.



## YOGA

FREE YOUR MIND, HARMONIZE YOUR BODY, AND DISCOVER A RENEWED SENSE OF WELL-BEING WITH A PRIVATE YOGA SESSION. WHETHER YOU ARE A BEGINNER OR AN EXPERIENCED YOGI, OUR EXPERT INSTRUCTORS WILL CUSTOMIZE A PRIVATE CLASS TO SUIT YOUR INDIVIDUAL NEEDS. YOGA SESSIONS ARE HELD AT OUR BEAUTIFUL YOGA STUDIO OR IN THE PRIVACY OF YOUR OWN CASITA.



## RENEW YOUR HANDS & FEET

### SALT OF THE SEA FOOT REVITALIZER

60 MINUTES

AFTER AN INVIGORATING AROMATHERAPY AND SEA SALT EXFOLIATION, YOUR FEET ARE WRAPPED WITH WARM TOWELS. THIS REJUVENATING EXPERIENCE IS FOLLOWED BY A THOROUGH HAND AND FOOT MASSAGE, FEATURING ESPERANZA'S OWN BAJA LIME REPLENISHING LOTION. FINALLY, YOUR EXPERIENCE IS TOPPED OFF WITH A MASSAGE FOR THE NECK AND SHOULDERS.

### SALT OF THE SEA MINI-MANICURE/ MINI-PEDICURE

30/45 MINUTES

BRING YOUR HANDS OR FEET TO A BEAUTIFUL FINISH. YOUR MANICURE AND PEDICURE IS DELIGHTFULLY ENHANCED WITH AN AROMATHERAPY SOAK AND SEA SALT EXFOLIATION.

### AVOCADO BUTTER SPA MANICURE/ SPA PEDICURE

60/75 MINUTES

THIS FANTASY FOR YOUR FEET UTILIZES RICH AVOCADO BUTTER TO HYDRATE AND NOURISH YOUR FEET AFTER A REJUVENATING FOOT SOAK AND EXFOLIATION.

## MAMBO COMBOS

**RETREAT FROM THE SUN**  
120 MINUTES

COMBINING THE DESERT'S GIFTS, YOU'LL BE COCOONED IN A SOOTHING ALOE GLAZE WRAP WHILE RECEIVING A GENTLE SCALP AND FOOT MASSAGE. THEN A FULL-BODY MASSAGE WITH PURE ALOE REHYDRATING LOTION WILL LEAVE YOUR SKIN SOFT AND HYDRATED. A REJUVENATING MINI-FACIAL INCLUDES CLEANSING, A FRESH CUCUMBER AND ALOE RECOVERY GEL MASK, AND DEEP MOISTURIZING. IDEAL FOR DEHYDRATED OR SUN-EXPOSED SKIN.

**TAKE TO THE SEA**  
180 MINUTES

ENJOY A THALASSOTHERAPY EXTRAVAGANZA! A SEA GREENS BODY REPLENISHER, A SEA GREENS BATH, HAIR & SCALP TREATMENT, AND A SEA GREENS FACIAL WILL LEAVE YOU FEELING LIKE YOU JUST EMERGED FROM THE SEA OF CORTEZ...DETOXIFIED, REMINERALIZED AND EXTRAORDINARILY REFRESHED.

**AUBERGE CUATROS MANOS**  
90 MINUTES

IN ADDITION TO FOUR HANDS MASSAGING YOUR BODY TO BLISS, YOU'LL RECEIVE A TROPICAL DELIGHT HAIR AND SCALP TREATMENT AND A SALT OF THE SEA FOOT REVITALIZER.

## HOMBRES

TREATMENTS DESIGNED ESPECIALLY FOR MEN.

**HOMBRE HEAD TO TOE**  
90 MINUTES

A FULL-BODY MASSAGE WITH A CONDITIONING SCALP MASSAGE AND A SALT OF THE SEA FOOT REVITALIZER.

**MESSAGE AND CORONA BEER MINI-FACIAL**  
90 MINUTES

ENJOY AN ESPERANZA MASSAGE COMBINED WITH OUR MEN'S CORONA BEER FACIAL, WHICH WILL CLEANSE AND TIGHTEN YOUR SKIN.

**HOMBRE FACIAL**  
75 MINUTES

DESIGNED SPECIFICALLY FOR MEN TO CLARIFY AND REHYDRATE THE SKIN AFTER A DAY IN THE SUN. YOUR SKIN IS NOURISHED WITH A LIGHT MASSAGE, STEAM AND GENTLE EXFOLIATION TO PROVIDE A HEALTHY GLOW AND BOOST YOUR APPEARANCE. PLEASE SHAVE AT LEAST TWO HOURS PRIOR TO TREATMENT.

**MANICURE/ PEDICURE**  
30/45 MINUTES

INDULGE YOUR ABUSED HANDS AND FEET WITH A FULL MANICURE AND PEDICURE WHICH INCLUDES A SEA SALT SOAK, EXFOLIATION AND A REJUVENATING HAND AND FOOT MASSAGE.

## FOR THE TWO OF YOU

THESE COMPLETE SPA EXPERIENCES ARE OFFERED IN THE PRIVACY OF OUR COUPLES' SUITE.

**FRUITS OF PASSION** A PARTNERS' SOAK IN OUR PRIVATE POOL, FOLLOWED BY  
120 MINUTES YOUR CHOICE OF A GRATED COCONUT & LIME BODY  
EXFOLIATION OR A PAPAYA MANGO BODY POLISH, IS  
TOPPED OFF WITH A FULL-BODY MASSAGE.

**rites of Passage** INITIATE YOURSELVES INTO ESPERANZA'S EXCLUSIVE  
120 MINUTES COUPLES' SUITE, BEGINNING WITH A RELAXING RHYTHMIC  
WATER MASSAGE FOR TWO. AFTER YOUR FLOAT AND AN  
INVIGORATING FRESH WATER RINSE, SURRENDER TO THE  
ULTIMATE EXPERIENCE OF A FULL-BODY MASSAGE, SEA  
GREENS SCALP TREATMENT AND SALT OF THE SEA FOOT  
REVITALIZER. YOU'LL EMERGE TRANSFORMED AND RENEWED.

**COUPLE'S** STARTING WITH DAMIANA AGUAS FRESCAS (A TRADITIONAL  
**CLAY BAKE** AND ALL-NATURAL MEXICAN APHRODISIAC) AND A WARM  
120 MINUTES SOAK IN YOUR PRIVATE POOL, A NUTRIENT-RICH CLAY MASK  
IS APPLIED MOIST AND ALLOWED TO DRY OUTDOORS IN THE  
SUN. RINSE OFF IN A LUXURIOUS SHOWER USING AN AYATE  
CACTUS NATURAL-FIBER WASH CLOTH TO REMOVE THE  
MASK, FOLLOWED BY A MASSAGE WITH DESERT SAGE OIL.

**PARA DOS** FOR THE TWO OF YOU...SHARE AN ESPERANZA TROPICAL  
60/90/120 MINUTES ESSENCE MASSAGE WITH SOMEONE YOU CARE ABOUT.

**DAMIANA ALEGRE** BEGIN WITH A PRIVATE SOAK IN OUR COUPLES' POOL,  
120 MINUTES FOLLOWED BY A BODY EXFOLIATION WITH THE NATIVE  
AZTEC GRAIN, AMARANTH, BLENDED WITH SEA ESSENCES.  
NEXT, INDULGE YOUR SKIN WITH A NUTRITIVE HONEY AND  
DAMIANA WRAP WHILE YOUR SCALP AND FEET ARE MASSAGED.  
ENJOY AN OUTDOOR RINSE TOGETHER BEFORE RECEIVING  
A RELAXING COCONUT OIL MASSAGE. FINISH THIS JOYFUL  
EXPERIENCE SIDE BY SIDE WITH A DAMIANA COCONUT  
CREAM AGUAS FRESCAS AND A TRADITIONAL ALEGRIA  
AMARANTH PASTRY. DAMIANA IS A WILD, NIGHT BLOOMING  
FLOWER KNOWN TO INDUCE THE FEELINGS OF LOVE.

**ROMANCING** PREPARE FOR A SEDUCTION OF THE SENSES. BEGIN WITH  
**THE STONE** AN OUTDOOR SOAK IN YOUR OWN PRIVATE DIP POOL AND  
180 MINUTES THEN WHET YOUR APPETITE WITH FRUITS OF PASSION  
AND AGUAS FRESCAS. A SENSUAL BODY OIL IS SPECIALLY  
PREPARED FOR THE TWO OF YOU AND SHARED DURING  
YOUR SUN BAKED STONE MASSAGE. OUR RENOWNED  
"AUBERGE HEAD TO TOE" TOPS OFF THIS ODYSSEY WITH  
A REJUVENATING FOOT EXFOLIATION AND TROPICAL  
DELIGHT HAIR AND SCALP CONDITIONER.





ESPERANZA  
An Auberge Resort

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